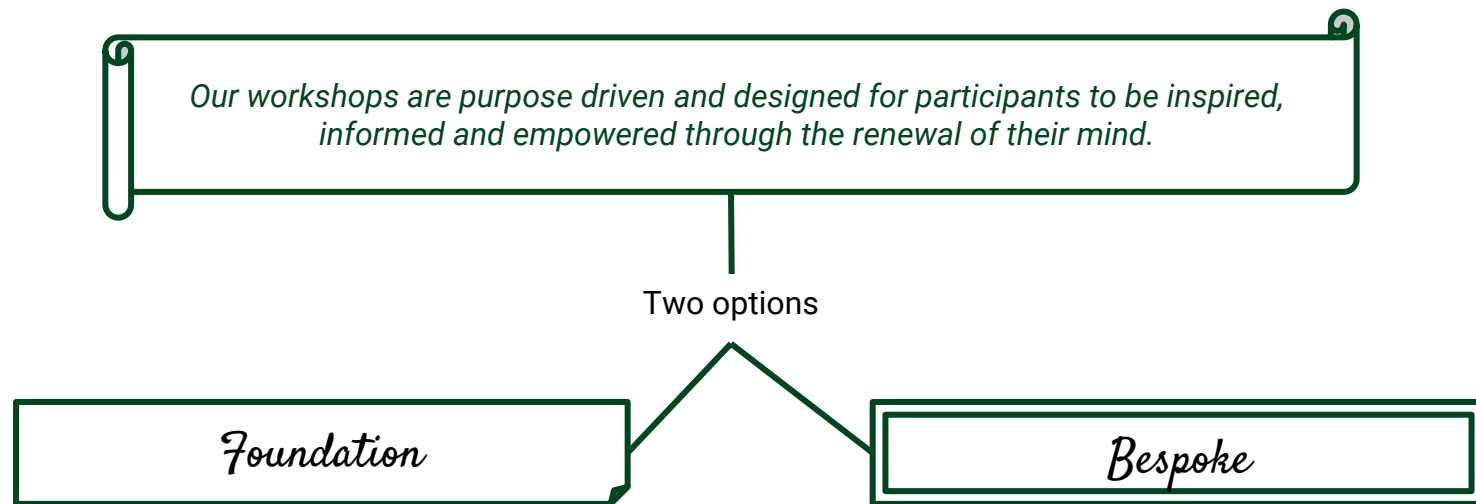


Corporate Workshop Deck 2018



Overview



Foundation

Our authentic workshop series entitled Modern Masculinity encourages participants to find their identity, recognise their value and live out their purpose.

The series will provide various solution-based thinking activities, coaching, shared learning and most importantly open discussions to promote progression and development of oneself.

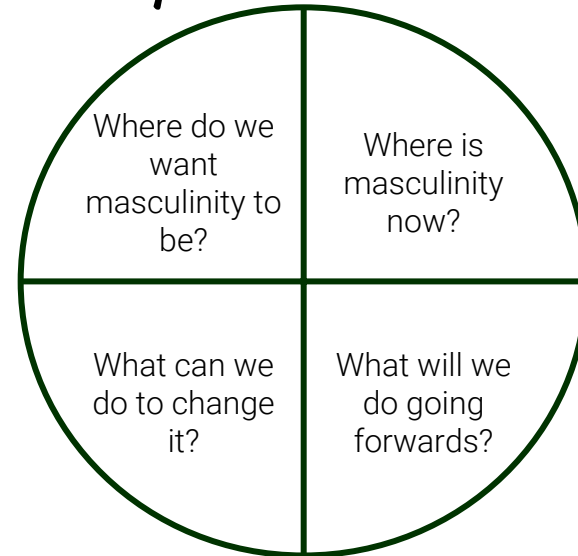
Upon completion of the series, progressive well-being, mindfulness and personal development will be at the forefront of your company's culture. Employee's will feel invigorated and refreshed, alongside increased productivity and efficiency.

Session Overview



Masculinity

- Through a series of coaching based questions, we aim to provoke a solution-based thinking conversation around progressing masculinity.
- In this 90 minute session, participants will have emotionally invested solutions to take away



Bespoke

A custom-made workshop series tailored around feedback from employees to cultivate culture and well-being in the work place.

YOU Say

WE Listen

We **ALL** Do

Coaching

Optional addition to your workshop package. It will include 2x one-to-one coaching sessions for every participant with one of our qualified coaches.

The first session would be in the 1st or 2nd week of the course. It would allow an open forum around the individuals specific needs from the workshop series.

The second session would be in the final two weeks of the course. It would allow a recap of what the individual has taken from the series and any additional support needed.



+ *Engagement*



+ *Morale*



+ *Productivity*



+ *Sales*